



APRIL NEWSLETTER 2014

Get ready for the
Highmark Walk for a Healthy Community:
APRIL 4 is NATIONAL WALK TO WORK DAY!



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VOLUNTEER CORNER

Executive Director's Message:



Spring has sprung! Strap on your sneakers and get ready to walk with us in the Highmark Walk for a Healthy Community! Mark your calendar now for May 31st and go online to register to be part of the JFMC team! We need your donations and your encouragement! The walk is only one mile or for those who are more adventurous, run in the 5K.

Sign up today! —Rosalie Danchanko



Walkers/Runners Needed!

The Johnstown Free Medical Clinic (JFMC) is participating in the Highmark Walk for a Healthy Community presented by Highmark Blue Cross Blue Shield on Saturday, May 31, 2014 at Central Park in downtown Johnstown.

“The Highmark Walk is a major fundraiser for the Clinic and will help us help others obtain the gift of good health,” said Rosalie Danchanko, Executive Director of the JFMC. The Clinic provides medical and pharmaceutical services to low income or uninsured residents of the Laurel Highlands.

The event includes a 5K or One-Mile Fun Walk, raffle drawings, games and live entertainment for the

participants. There is no registration fee. However, walkers are encouraged to raise funds for the Free Clinic.

Individual participants or teams can register now online and raise funds to support the Free Clinic. Register at www.walkforahealthycommunity.org, then click on the Johnstown link, then click on Register Now. Those who donate at least \$25 will receive a free Highmark Walk T-shirt.

Highmark Blue Cross Blue Shield underwrites the cost of the walk so that 100 percent of the money raised by the walkers goes directly to the participating organizations, including the JFMC.



Thanks to all of the JFMC staff, volunteers, and patients who made our reception with Dr. Carrie DeLone, Physician General with the PA Department of Health (pictured left with Dr. Opila) a GREAT success!

Welcome New Volunteers

- ❖ Justin Boer, medical volunteer
- ❖ Dr. Patrick Carroll, medical volunteer
- ❖ Brenda Lee Green, clerical volunteer
- ❖ Thomas King, Jr., clerical volunteer
- ❖ Tammy Nunez, RN, medical volunteer

“I just wanted to thank Dr. Opila and all you nice people down at the clinic who helped people like me when I needed help. God Bless you all!” —Marcie V., JFMC patient

OFFICE STATISTICS & IMPORTANT DATES

APRIL Board Meeting

Thursday, April 10th 4:30pm Garden Court - Lee Campus

APRIL Clinic Hours

CLINICS: April 1,2,8,9,15,16,22,23,29 & 30;

hours vary - see calendar for details

INTAKES: April 7,14,21,28; 11 a.m. - 2 p.m. each day

GENERAL HOURS: Wednesdays Noon - 8 p.m. and Mondays/Tuesdays/Thursdays 9 a.m. - 5 p.m.

2014 STATISTICS: Feb. 28th through March 27th

Total Patient Visits.....	195
Total Unduplicated Patient Visits.....	158
Patients Recertified.....0	Patients Enrolled.....37
Total Prescriptions Written.....	496
Prescriptions Filled.....704	Value of Filled Rx \$140,495.44
Volunteer Hours	Clerical- 40.25; RN/LPN- 180; PA- 0;
	Physician- 92 ; Pharmaceutical- 34.75
Clinic Shifts.....	9
Donation Box.....	\$24.00